

1ST JKA AFRICA LADIES CLASSIC SEMINAR AND OPEN KARATE CHAMPIONSHIP – 2026



JKA AFRICA LADIES CLASSIC EVENT BANNER

Executive Summary

The inaugural JKA Ladies Classic was successfully held on 24th–25th July 2026 at Nyayo National Stadium, Nairobi. The programme combined a Wellbeing and Resilience Clinic on 24th July with the JKA Ladies Classic Karate Championship on 25th July. The initiative was designed to promote women's participation in karate, athlete wellbeing, talent development, safe participation and regional cooperation.

The championship brought together 59 female athletes aged 6–37 years from Kenya and Uganda. Athletes competed in Kata and Kumite, in individual and team categories across different age groups and belt levels. The competition was conducted under the expected JKA rules, with medical, security, officiating and volunteer teams supporting the event.

Event Details and Participation

Event	JKA Ladies Classic Open Karate Championship – 2026
Dates	25th July 2026
Venue	Nyayo National Stadium, Indoor Arena – Nairobi, Kenya

Countries	Kenya and Uganda
Female competitors	59
Age range	6–37 years
Athletes below 18	30
Athletes above 18	29
Participating clubs	10
Competition	Kata and Kumite – individual and team categories

Championship Highlights

The championship provided a competitive yet supportive platform for girls and women to demonstrate technical ability, discipline, determination, and sportsmanship. The Elite Senior Team Kata and Team Kumite finals were among the major highlights and attracted strong spectator interest.



REFEREES AND JUDGES FOR THE EVENT



LADIES IN ACTION FOR IN THE EVENT

