

OFFICIAL REPORT: OKUMA SENSEI INTERNATIONAL SEMINAR AND 24TH JKA ECUADOR NATIONAL TOURNAMENT 2026

Event Period: Tuesday, May 19th to Monday, May 25th, 2026.

Venues: Quito Tennis y Golf Club, Colegio Los Pinos, and Club Campestre UTE.

1. Executive Summary

The International Seminar and the 24th JKA Ecuador National Tournament concluded with great success, standing out for their high technical and organizational standards. The event saw the participation of over 100 attendees in the seminar, integrating all dojos affiliated with JKA Ecuador and welcoming delegations from invited countries such as Colombia and Spain. Furthermore, the 24th JKA Ecuador National Tournament, held on Sunday, May 24th, brought together 106 athletes in an atmosphere of healthy competition and martial spirit.

A fundamental aspect of the event was Okuma Sensei's exceptional pedagogical ability. He successfully transmitted profound martial concepts effectively, adapting his instruction to suit all ages, levels, and ranks present.



- 2. Community Highlights and Socialization** To foster camaraderie, a special outdoor training session was held on Saturday, May 23rd, at the Club Campestre of the Universidad Tecnológica Equinoccial (UTE). Following the demanding physical practice, a space was provided for all participants to socialize and enjoy a pleasant time, strengthening the bonds within the Karate-do community.



3. Technical Seminar Summary Throughout the sessions, Okuma Sensei provided detailed instruction focused on biomechanics, practical application, and the practitioner's mindset. A general overview of the developed concepts includes:

- **Physical and Biomechanical Fundamentals:**
 - Emphasis was placed on the need to generate speed and power from the *Hara*, constantly utilizing the sensation of downward pressure into the floor with the legs.
 - The concept of "contraction and expansion" was deeply explored, using the initial steps of basic katas like Taikyoku Shodan to correctly align the strike's direction with the knees and toes.





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- **Mental and Tactical Concepts:**
 - Instruction was given on the mental state of "KU" with the fundamental purpose of being able to catch and intercept the opponent's movement.
 - The tactical importance of always positioning oneself at an outside angle relative to the adversary was highlighted, thereby ensuring a positional advantage in combat.



- **Kata Study:**

- **Chinte:** During the women's class, this "unique hands" kata was highlighted for its efficient self-defense techniques.
- **Tekki Shodan:** It was analyzed how the direction of the gaze is responsible for positioning the body's center of gravity.
- **Hangetsu:** The instruction focused on correct breathing during harmonious movements and the precise use of the hips when executing transitions and grips.
- **Bassai Dai:** The concept of *Meotode* (the idea that both hands work as a team, mutually supporting each other like husband and wife during double blocks) and the principle of *Irimi* (penetrating the body towards the opponent in short distances) were studied.
- **Bassai Sho:** Okuma Sensei delved into the unique movements of this kata, placing special emphasis on the correct execution of its characteristic circular movements and angles (*Kakudo*).
- Additionally, specific applications (*Bunkai*) and approaches for Heian Yondan and Nijushiho were reviewed.



- **Special Instructors' Class** During the dedicated instructors' class, Okuma Sensei provided essential teaching guidance to all instructors from JKA Ecuador affiliated dojos. He emphasized that it is critical not only to know *what* to teach, but also *how* to teach it. A high-value dialogue took place where instructors shared their experiences. Okuma Sensei validated these shared experiences and offered highly beneficial advice on improving teaching methodologies, with a special focus on the instruction of children.



JKA Ecuador expresses its deepest gratitude for Okuma Sensei's commitment and pledges to continue working both technically and administratively for the constant growth of the Organization.