



JAPAN KARATE ASSOCIATION ZAMBIA



GASSHUKU AND GRADING REPORT, 28-30 MARCH 2025

OVERVIEW: Zambia has been working diligently over the past seven months through the Ad Hoc Committee to ensure the successful organization of a Gasshuku and gradings under the guidance of Daniel Gombe Sensei, the JKA Sub-Sahara Africa Regional Technical Director. Our primary aim was to regularize both the country and individual karatekas as members of JKA/WF. After extensive meetings and planning with the Executive Committee, we were thrilled to host an eclipse-breaking Gasshuku and Grading that saw us achieve our primary aim. The event took three days, from Friday, March 28th to Sunday, March 30th, 2025. This event was led by Daniel Gombe Sensei and attracted karatekas from across the nation.



TRAINING SESSIONS: The event kicked off with a session on Friday evening, followed by two more sessions on Saturday morning and evening. We wrapped things up on Sunday morning with a final training session, which was succeeded by the grading and qualification examinations.

Each of the training sessions lasted for 2 hours, and after all these sessions the Technical Director covered, Kihon; he gave a deep dive into the application of hip rotation, proper posture and an emphasis on keeping the front leg intact when rotating hips/shifting from hamni to shomeni and vice-versa. In kata, he taught among others all the Tekki kata, Sentei kata and Gojushiho-sho; areas highlighted were head positioning during execution of movements, hip application, body mechanics involved when turning and maintaining of firm stances. Additionally, a number of adjustments were made on movements and techniques in kata which has brought our country up to date.

The kumite lessons were opened through Gohon Kumite, Sanbon kumite, Kihon Ippon kumite subsequently Jiyuu kumite; among the teachings were distancing in kumite, reach of technique, ashibarai, combining of attacks, and how to generate speed and power to attain strong and effective techniques.

Daniel Gombe Sensei also dedicated some time to educate everyone on the procedures and etiquette of JKA/WF Karate. This effort was to ensure that our practices align with the JKA/WF rules and regulations.



GRADINGS: We are pleased to report that sixteen (16) graded to Sandan, four (4) to Nidan, and another three (3) to the rank of shodan. This is a great milestone for JKA Zambia and a step that has renewed our enthusiasm, resolve, and energy now that we have an open pathway to the heart of the JKA/WF family.

QUALIFICATION COURSES: We got qualifications of two (2) Examiners, Three (3) Judges, and nine (9) Instructors. These achievements are the beginning of our goal which is also repeatedly echoed by Gombe Sensei and that is to have all eligible black belts in the country undergo all the three courses. This is to help improve the quality of our skills and standards of officiating, subsequently improving JKA karate standards in our country to an extension of JKA/WF.



ACKNOWLEDGEMENTS: Our utmost gratitude to the JKA Sub-Sahara Africa Regional Technical Director Daniel Gombe Sensei for his relentless commitment to growing and promoting JKA karate throughout the Sub-Sahara region and to JKA WF HQ for granting us the support and opportunity to have our country regularized.

We further extend our heartfelt gratitude to all instructors, students, and everyone who contributed to making the gasshuku a success.



Henceforth, JKA Zambia will strive to emulate the dedication and unwavering commitment of JKA WF HQ, S.A. JKA, and other progressive JKA member countries. We have committed to hosting and participating in numerous JKA/WF events as a way to grow and stay up to date with JKA/WF.

c/o National Sports Council of Zambia
PO Box 33474
LUSAKA, Zambia
Email: jkazambia6@gmail.com



JKA Zambia

Contact numbers: +260 975 383 601
+260 977 785 998