



NIHON KARATE KYOKAI- BOTSWANA

日本空手協会 - ボツワナ

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BOTSWANA JKA INTERNATIONAL SUMMER CAMP 2024 REPORT (1st EDITION)

BACKGROUND

Nihon Karate Kyokai-Botswana held its first International Summer camp from 28 to 31 August 2024. The camp is meant to grow the brand of JKA, standardize the JKA technics and kata and also expose as many JKA students as possible to international standards of JKA Worldwide.

INSTRUCTOR

The camp was lead and conducted by the Sub Sahara Regional Director, Gombe Daniel Sensei. He conducted various training sessions with emphasis on basic and fundamental JKA techniques, sessions in kata and kumite.

KATA

The regional Director went through all the Heian Katas, making time to elaborate and answer questions from the participants. He also taught Tekki Shodan, Basai-dai, Jion and Kanku sho. In this segment the participants appreciated the importance of hosting and attending such events when they saw some changes in katas which they knew all along but in a wrong way, much time and training was done in the Katas ensuring that all participants from 9th kyu to the highest grade understood and grasped something to take home. He advised all to put more effort when practicing Heian katas, showing their importance by the fact that in JKA competitions one has has to go through them first before doing advanced katas.

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KUMITE

Gombe Sensei conducted sessions in GOHON Kumite, Kihon Ippon, Jiyuu Ippon and Jiyuu Kumite. All grades were catered for in this session with Gombe Sensei explaining and also demonstrating the rite way of executing attacking technics, he also put more emphasis on maintaining Zanshini at all times in attacking or defending. He took time to elaborate and give advice on competition and grading variances in both Kata and Kumite.

GRADING

4 students graded

- From 3rd Kyu to 1st Kyu = 1
- From 1st Kyu to Shodan = 1
- From Shodan to Nidan = 2

QUALIFICATIONS

3 students did qualifications

- Instructor D =2
- Examiner D =1

TECHNICAL & ADMINISTRATION

The regional director has some time to talk to the leadership of Nihon Karate Kyokai- Botswana, he encouraged them to focus on training and having many dojos to grow the federation, he said every meeting planned must be accompanied by a training session to keep the federation moving. With regards to administration he reminded them of the words which were said by Izumiya Sensei in the zoom meeting with Zanzibar Karate in February, he advised all in leadership to represent JKA with integrity in all they do including finances.

ACKNOWLEDGEMENT

Nihon Karate Kyokai-Botswana sends its sincere gratitude's to JKA Japan HQ for the support rendered thus far, we are encouraged and motivated to growing JKA in Botswana and Africa.

A big thank you to Gombe D Sensei for selflessly availing himself to support not only Botswana but other countries to grow JKA, Gombe Sensei showed all leadership qualities both in the tatami and administratively.

RECOMMENDATION

For the growth of JKA, Nihon Karate Kyokai-Botswana wishes/proposes to Host this summer camp annually, every last week of August followed by a JKA tournament in the same week. (NIHON AMBASSADORS CHAMPIONSHIP), the idea is to partner with the Japanese Embassy in Botswana for this tournament.

We plan to make this event known and attended by neighboring countries like Zambia, Namibia, Zimbabwe, South Africa and Angola

BOTSWANA JKA INTERNATIONAL SUMMER CAMP 2024 in PICTURES



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