## JKA Shokukai Haru no Keiko with Kurihara Sensei in Berlin

The JKA Shokukai Haru no Keiko with Kurihara Sensei took place in Berlin from March 8-10, 2024. The hosting organization Shotokan Kyokai Berlin was honored to receive JKA Headquarters Instructor Kurihara Kazuaki for the first time in Berlin for a three-day seminar. We made every effort to ensure that the JKA Shokukai camp was a big success.



Over 230 participants from all over Germany, Poland, Austria, England and Italy travelled to Berlin and participated in this high-quality seminar led by Kurihara Sensei. Kurihara Sensei and the vice chairman of the JKA Shokukai R. Schinck opened the camp with a short speech and kindly thanks to the participants for their visit.

The beginner sessions included a thorough and detail-oriented review of fundamental techniques, while the advanced sessions methodically built upon hip movement dynamics and how they translate to kumite, bunkai, and kata. At the end of the weekend, participants left with very positive impressions of the seminar and with renewed motivation to apply these ideas in their training.

Kurihara Sensei is mainly known for his strong and impressive kata but is also outstanding in kumite. His all-around mastery and expertise were fully epitomized during his 3 days of training in Berlin and inspired the participants of the JKA camp.

Sensei went from the basics to the details of Kata and Kumite training in a very structured manner. In particular for our instructors, this was a treasure trove for future training in our JKA Shokukai dojos.

The camp brought together more than 230 participants from different countries and from different parts of Germany. Many JKA clubs from Germany took part in the camp. But there were also several visitors from other Shotokan associations who expressed their enthusiasm about the high level of JKA techniques and the good and warm organization of the JKA camp by the JKA Shokukai and Shotokan Kyokai Berlin. They were carried away by Kurihara Sensei's teaching.

As organizers, we are very pleased to be able to spread the heart and spirit of JKA Budo Karate beyond the borders of our organization.

Next to the camp we organized a get-together where we invited all club leaders to a buffet. With Kurihara Sensei we had a nice and fun week after training in Berlin from sightseeing to the view from the TV Tower restaurant and a nighttime view over Berlin from a Skybar with cool drinks.

Many thanks to all participants and especially to Kurihara Sensei and the JKA Headquarters for their support.





More photos on the Shotokan Kyokai Berlin Facebook site: <a href="https://www.facebook.com/shotokan.kyokai.berlin">https://www.facebook.com/shotokan.kyokai.berlin</a>