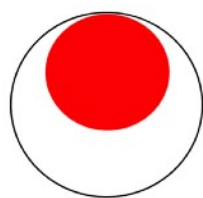




# HIRAYAMA SENSEI PARIS 2023



公益社団法人

日本空手協会  
フランス

France Japan Karate Association

Oldest French group JKA karate-do  
guardian of the great tradition.

Since 1985



## YUKO HIRAYAMA SENSEI IN PARIS

We are happy and grateful to have received Hirayama sensei in Paris in December 2023 at dojo 5 with France JKA.

It was a wonderful moment where we were able to benefit from his advice and his teaching.



### TRAINING WITH CHILDREN

Many children came to practice JKA karate, and sought to improve their technique by following the advice of Hirayama Sensei.



### TRAINING WITH BLACK BELTS

The black belts were able to improve their precision, with the teaching of simple techniques, also with katas like Kanku-dai.



### TRAINING WITH COLORED BELTS

The colored belts were attentive to the teaching and kept a lot of biomechanical indications to consolidate their bases.





## TRAINING AND PREPARING FUTURE GENERATIONS.



Our group today represents around fifty Dojos and more than 1000 members. Our objective, thanks to events such as GASSHUKU, demonstrations, grade changes and qualifications, is to be able to bring together a large number of karateka who want to progress in JKA karate. Instructors from many Dojos came to continue to be inspired by the great precision of the teaching as Hirayama sensei showed us during his visit. Practitioners of all levels were invited to practice karate during the week. The children participated in training in several groups depending on their age. During the week, we reviewed many important points on the main themes of Karate, such as KIHON, KATA and KUMITE. Also, we reviewed an important principle concerning KIME (0 to 10 to 0). We also worked a lot on the fundamentals of work, hips and release. We reviewed the importance of KIAI and experimented with the KUMITE approach with exercises alone and with

partners. Returning to the fundamentals and exploring superior techniques allows all practitioners to continue to climb the long path of karate-do. We are confident that instructors and their assistants will be able to pass on this week's teaching to their students to prepare future generations.

Thank you everyone, nothing is possible without everyone's efforts. OSS!



# MANY PARTICIPANTS FOR A GASSHUKU OPEN TO ALL.



The gasshuku was open to all French practitioners. We did everything possible to receive them with great kindness. Throughout the week, several training sessions took place. Wednesday afternoon and evening, Friday evening and Saturday all day. We are happy because we saw many smiles on the faces of passionate practitioners. During a next edition, of this winter gasshuku, we will inform all practitioners even more, in order to bring together even more passionate practitioners wishing to discover JKA karate.



## VIDEO INTERVIEW

Hirayama sensei shares a few words to all karate practitioners in France.

[click on picture to see](#)

## VIDEO KIDS

Throwback to the training sessions with the children which took place on Wednesday afternoon.



[click on picture to see](#)



## VIDEO JUNIORS SENIORS

A look back at the training sessions which took place all week until Saturday.

[click on picture to see](#)

# CONTINUE EFFORTS TO GROW JKA KARATE IN FRANCE



For many years JKA karate has been present in France and has been able to develop with everyone's efforts. With the advent of digital technology, social networks, and videos, we wanted to share this karate school through all possible media. This is why we have prepared some souvenir videos and photo albums.

With events like this winter gasshuku, we can ensure the link between the Tokyo honbu dojo and French practitioners. This is important to develop, maintain what is, and grow the practice of budo and real karate.

click on picture to see



## GLOBAL VIDEO

A 5-minute presentation which shows the best moments of gasshuku, with children, juniors and seniors.

## MANY THANKS TO ALL, OSS! FRANCE JKA



DENIS  
DOUARRE SENSEI  
CHIEF INSTRUCTOR  
FRANCE JKA



DANIEL  
FRENEUIL SENSEI  
D.T.N.  
FRANCE JKA



BERTRAND  
JAILLET SENSEI  
CHAIRMAN  
FRANCE JKA