



15th ANNIVERSARY

JKA/WF-TANZANIA GASSHUKU WITH SHIHAN NAKA TATSUYA AND SHIHAN KOICHIRO OKUMA

HELD AT DAR ES SALAAM -TANZANIA.

From 4th October to 9th October, JKA/WF-Tanzania held its 15th anniversary since its inception in 2007, which comes along with Gasshuku to celebrate it.

More than 100 karateka participated from 21 countries which includes Tanzania, Zanzibar, Kenya, Uganda, Burundi, Rwanda, Congo, Zimbabwe, Zambia, Malawi, Botswana, Ghana, German, Italy, Morocco, Cyprus, South Africa, Nigeria, India, Mozambique and Slovenia.

It was the happiest week for us to receive the guest from each corner of the world who came to join us, but the most important day was on 1st October, 2022 the day of arrival of our main guests Shihan Tatsuya Naka (His first visit in Africa) and Shihan Koichiro Okuma (3rd time in Tanzania).

The arrival of our guest comes with most of exciting events. On the next day they got a chance to make a tourism trip to Zanzibar Island (Tanzania Island) in which they visited Spice Farm and so many other attractive places with enriching history. For the first time they had a chance to know a lot about Zanzibar.

Then, a day which everyone was eagerly waiting to see, they day for us all to be together with our instructors, the day to experience and learn from great JKA masters came into actualization, the seminar starts.



Arrival of main guests at Mwalimu Nyerere International Airport with JKA/WF-TZ Chief Instructor.



Tuesday 04th October.

On this 1st day, class start with Shihan Okuma and then finished with Shihan Naka in which they explained in detail how centre of gravity is important in generating budo power and how to use it, especially in Gohon Kumite.



Wednesday 5th October

On 2nd day of the seminar, Shihan Naka explained the importance of proper hip movement, breathing and using of axes while execute Karate techniques.





Thursday, 6th October

On 3rd day of the seminar Shihan Naka and Okuma covered comprehensive explanation of the several Katas includes Heian Katas, Jitte, and Chinte. The mode of learning was so interactive, helped us to learn from each other by making small groups of students and do Katas as a team to ensure no one is left behind. The fun moment was when we were doing katas in a reverse direction instead of the normal starting direction. Also, it was very exciting to train katas one hand side while the other tacked in the belt.



Friday 7th October

On 4th day of the seminar, it was start with practice of some Kata such as Jion, Empi and Kanku Dai with some Bunkai from the Kata. Then, the next session focused on the qualification categories for referees, Judges, examiners, and instructors. It was very good moment.





Saturday 8th October

The day was start by Gombe Sensei (Director of Sub-Sahara Regional) leading and explaining some key points in basics (kihon) as pre-preparation for the coming exams. Then after a 1-hour break it was time for Dan and qualification exams.



At the evening SAYONARA party took place. It was joyous jiffy for every one present. People were happy to see each other after the whole week of intensive and profound training. The interaction was so nice, but saying goodbye to each other was saddish, though the official announcement of next Gasshuku relief the anguish. Thus, optimistically every one left the premises hoping to see each other next year.





JKA/WF-Tanzania

Sunday 9th October

On this day was the closing ceremony with our special guest official from government, Deputy Permanent Secretary of the Ministry of Culture, Arts and sports, Hon. Said Yakubu. It was a good opportunity to have higher government officials among us to see our activities and experience with us the real spirit of budo and its contribution to our modern society.



Once again, it is worth to affirm that it was a perfect blend of symmetrical techniques brought to life by two of the legendary instructors from JKA-HQ. Shihan Naka's perfection complimented by Shihan Okuma's pure power, was truly breathtaking.

All participants thoroughly enjoyed the training and are eager to learn more of Naka Sensei's style of Karate. For those who practiced with him for the first time were shocked with deep knowledge gained through extensive research by Shihan Naka. Deep explanation with practical demonstration of technique made it simple for learners to grasp, synthesize and execute. Moreover, the teaching methodology of Shihan Naka was clear and comprehensive.

Last but not least, the last day of Gasshuku was ornamented with a special demonstration from our brothers with albinism who trains under JKA/WF-Tanzania special programs. They demonstrated Kata and kumite skills for self-defense. It was amazing to see how Karate bring back the lost hope from them as they being attacked and imputed and some even killed due to useless myth and superstitions ideologies in some people.

All in all, everyone enjoyed the pureness of JKA/WF Karate as well as reuniting with other karateka around the world.



**“KARIBU TENA TANZANIA”
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