



INTERNATIONAL SEMINAR REPORT SENSEI KEISUKE NEMOTO MARCH – 2023

Sensei Nemoto arrived at 10:30h on March 09. A delegation chaired by Sensei Rubén Flores of JKA Ecuador received Sensei at airport.

FRIDAY 10

We had our first training, where we had all the students, from the novice to the most advance. This class lasted one hour. All the students were happy whit the presence of Nemoto Sensei. After that we goes to a welcome dinner whit Sensei Nemoto.





SATURDAY 11

About this day we had a more extensive training, starting at 8:00 am our first class and the second at 9:00 am, subsequently we had a rest time, where we could go to lunch and a time to relax. In the afternoon we had, the second part of the training, that we starting at 17:00 pm and finish the day whit the advance class that starting at 18:00 pm.



SUNDAY 12

We had a special event, the XIX Nacional Tournament JKA, that we have the presence of many participants, the event star at 9:00 am. At 12:00 pm we had the opening, whit presence of Sensei Nemoto, the FEK president and others guests.





MONDAY 13 AND TUESDAY 14

We had the last day's class of the Seminar in Quito with two hours in the morning and two hours in the afternoon each day (First group: from 10th kyu to 4th Kyu. Second group: from 3rd. Kyu to Dan).





WENESDAY 15

We had the last class in the “termas papallacta”, after the class we had a relaxing time, being in the facilities of the place (thermal pools), after that we goes to a breakfast and then we came back to Quito.



Nemoto Sensei, focuses the teaching of this class on kihon kumite, finally finished class whit a kata.

JKA Ecuador thanks to Hombu dojo for the permanent support to Ecuador.

Osss