



JAPAN KARATE ASSOCIATION WORLD FEDERATION

ACUERDO MINISTERIAL No. 1463
15 de agosto del 2013

INTERNATIONAL SEMINARY REPORT SENSEI TATSUYA NAKA - HONBU DOJO JAPAN QUITO, ECUADOR MAY 2019

The Japan Karate Association - ECUADOR, aware of the importance of its instructors and practitioners training, successfully organized the International Seminar by Sensei Tatsuya Naka, seventh Dan, which took place from Friday May 17 to Monday 20 May; the XVI JKA Tournament, was held on Sunday, May 19, 2019.

The classes were distributed on morning and evening hours, dividing each of them into two groups, the first with beginner and intermediate level, and the second with advanced level students; two classes were also taught exclusively to instructors.

Instructor's classes were held at the Intisana School Gym, while the general classes with all the students of the country, as well as the XVI JKA Ecuador Tournament were held at the Shakespeare School Coliseum.

Arrival - May / 15/2019



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Quito - Ecuador**



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At 23h00 on Wednesday, May 15, Naka Tatsuya Sensei arrived at the Maticsal Sucre International Airport - QUITO, being received by a special commission formed, among others, by Sensei Rubén Flores B. - JKA Ecuador Chief Instructor, Sensei Hugo Ayala G. - JKA Ecuador President, Senpai Hugo Espín –JKA Ecuador Vice President, Senpai Richard Moss - JKA Ecuador International Relations, Senpai Akira Kitamoto - Embassy of Japan in Ecuador.

May 16, 2019

8h30, Naka Sensei participated in an interview conducted by a national television channel, in which he talked about his expectations for this seminar, the importance of "Budo Karate" for practitioners, especially children and Naka Sensei's trajectory, ending with a message for youth.



Later, this day was destined for tourism and rest, when visiting the Province of Imbabura and its Lakes.

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18h00 - JKA Ecuador Press Conference:



This press conference, was attended by Naka Sensei, His Excellency Plenipotentiary Ambassador of Japan in Ecuador, and various media.

JKA Ecuador, presented the promotional video:
“MASTER CAMP JKA GALÁPAGOS 2021”

May 17, 2019

Instructor`s Class 7h00 to 9h00.



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With the presence of JKA instructors from all over the country, and delegations from Peru, the instructors class began, where Naka Sensei explained the trilogy: posture - breathing - correct position of the center of gravity, important and common characteristics in all techniques, postures and transitions, also uses taikiokushodan, so that these concepts are understood by the participants.

Beginners Class 16h00 to 17h00.

Naka Sensei, starts with exercises of correct positioning of arms for blocks like age uke, soto uke and gedan barai, to go to execute them with one hand and then in pairs.

The class culminates with the practice of heian nidan.

Advanced Class 17h00 to 18h00.

The class focuses on the use of the center of gravity to perform techniques with instability, from shizantai to oitsuki, with heian shodan, culminating with techniques in pairs with the same concept.

7:30 PM

NAKA Sensei, together with a JKA delegation, celebrated their arrival with a dinner organized by the Most Excellent Ambassador of Japan in Ecuador, at his residence.





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May 18, 2019

Beginners Class 8h30 to 9h30.



Naka Sensei, focused on Heian Nidan, explained kijon on the indicated kata, performing it on the left and right side, dividing the participants into two groups.

Advanced Class 9h30 to 10h30.

Naka Sensei, starts the advanced class, focused on the concepts to perform yoriashi forwards and backwards, unifying the advance. After using the indicated concepts, exercises are carried out focused on the use of yoriashi, individually and in pairs, to culminate with the kata Jion using yoriashi in the tsukis, to finish with the same kata performed in a normal way.

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Beginners Class 16h00 to 17h00.



The class focuses on the kata Heian Sandan, with emphasis on the translation from one kidadachi furiempi to another, exercises are done to emphasize this concept, taikioku shodan only in kidadachi, to end the class with Heian Sandan on the right and left side.

Advanced class 17h00 to 18h00.



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The class focuses on the use of the center of gravity of the body and destabilizes in order to generate power forward. Exercises are performed from shizentai forward - oitsuki, leaving the center of gravity forwards in advance to retract the arm and front foot, and then continue to the next tsuki forward with the opposite arm and leg.

Continue the class with different combinations individually and in pairs. Finish the practice with Jion and Kanku Dai.

DINNER CONFRATERNITY 20h00.



The JKA ECUADOR, organized a fellowship dinner at the Hotel Dan Carlton, where there was participation of a group of girls demonstrating a stylization of kata tekki shodán, at the dinner participated members of the organization of the whole country, as well as members of the Dojos of Peru who visited us. Authorities such as the Ambassador of Japan in Ecuador, Naka Sensei, Rector of the William Shakespeare College, President, Vice President, Chief Instructor of JKA Ecuador, framed this event with the formality and enhancement of the case.



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May 19, 2019

JKA TOURNAMENT.



From 8:30 p.m. until 6:00 p.m., the XVI National JKA Tournament took place. Participants in the categories of children - junior - senior among novice, intermediate and advanced ranks, demonstrated a great level and martial spirit. At 12h00 on the same day, the tournament was inaugurated, with the presence of the Ambassador of Japan in Ecuador, Naka Sensei, and authorities of JKA Ecuador.

May 20, 2019

DAN TEST 11h00.

In private, at the Shakespeare School Coliseum, the Dan Test was held, from 11 am to 1:00 pm, where aspiring SHODAN, NIDAN, SANDAN and YONDAN were examined by Naka Sensei, demonstrating great spirit and level what it was reflected at the time the examinees were informed that they all managed to move to their next rank.

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INSTRUCTORS CLASS 17h00 - 19h00.



Naka Sensei, in this class, imparted to those present the deep meaning of the practice of tekki shodan, taking up important concepts such as breathing, posture, center of gravity. In the same way, the Kata Jión was taken as a study, in which the correct posture was demonstrated in each one of its steps, distribution of the force, and correct execution of the transitions. After a series of questions from the audience, the class ends.

May 21, 2019

EMPEROR OF JAPAN'S ENTHRONEMENT CEREMONY, 10H30.



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On the occasion of the Enthronement of His Majesty the Emperor of Japan, the Ambassador of Japan in Ecuador, Mr. Yuji Sudo, invited Naka Sensei, Ing. Hugo Ayala G. - t JKA Ecuador Presiden, Dr. Hugo Espín Tobar - JKA Ecuador Vicepresident, Sensei Rubén Flores B. - JKA Ecuador Chief Instructor, to a formal ceremony at his residence.

The JKA Ecuador, thanks Naka Sensei for the wisdom imparted during the seminar days in the country, now we look forward to our next meeting.
Oss.

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