



NILE SHOTOKAN UGANDA

JKA* WF* NSUJKA



P. O. Box 21076, Kampala - Uganda. Tel: +256 752 336 271

14/may/2019

THE JKA HEADQUARTER

Ref: GASSHUKU REPORT

This is to report to you the outcome of gasshuku which was held from 6th –May-2019 to 10th-may-19, it was blessed by his Excellency the ambassador of japan in Uganda MR. kazuaki kameda who appreciated the activities being done by JKA Uganda in promoting karate in Uganda. Mozambique, South Africa, Tanzania, Kenya, and host Uganda participated in the gasshuku conducted by sensei Edward mtshalli whose theme was. **SHU- LEARN**

HA- PRACTICE

RI-IMPROVE

He emphasized to participants to put more effort in learning what they are being taught and then put in practice what they have learnt and as a result improve in what they have been practicing, he also emphasized hip rotation in all application of karate techniques, 35 participants embraced the occasion.

Dan's grading was conducted by sensei Edward mtshali on 9th-may-2019 and 14 people passed to shodan, nidan, and sandan respectively.

On 10th-may-2019 the last day of gasshuku we had tournament and the result was as follows.

SENIOR MEN KATA

- 1-MIKIDADI KILINDO
- 2-TIIMA RONALD
- 3-RONALDO NJOROGI

SENIOR MEN KUMITE

- 1-RONALDO NJOROGI
- 2-TIIMA RONALDO
- 3-IDRIS NDUGA

Group photo with his excellency the ambassador of japan in Uganda



His Excellency the ambassador addressing participants



His excellency the ambassador with sensei asana signing a visitors book



His Excellency the ambassador talking to sensei Asana about JKA karate in Uganda



Sensei Asana participating as corner judge during the tournament



Sensei Edward mtshali from SA leading the training



Tiima and Njoroge tussling it out in kumite



Participants displaying their certificate

