

#### **<u>5<sup>™</sup> JKA PAKISTA NATIONAL TRAINING CAMP 2019</u>**



#### **EVENT REPORT**

The 5<sup>th</sup> JKA National Training Camp finally commenced at Japan Consulate, Karachi under the patronage of Japan Karate Association. His Excellency Ashida Nori, Dept Consul General, Japan Consulate in Karachi expressed his delight and gratification to Japan Karate Association Pakistan which is affiliated with JKA Headquarter, for the promotion of JKA Karate in Pakistan.

The training was aimed to introducing and familiarizing Pakistani Karatekas with latest Karate techniques used in JKA Traditional Karate and for this purpose, JKA Pakistan invited Mr. Shihan Katsutoshi Shinna, 7<sup>th</sup> Dan Black Belt and former World Kata Champion.

Shihan Katsutoshi Shiina is Head of JKA Japan Headquarter (South Asia Region) along with winning JKA's version of the World Championships for Kata. He has also won the JKA All-Japan Championships for Kumite. He is presently appointed as an instructor of the Japan Karate Association.

The 2 Days Training Program was scheduled from 27<sup>th</sup> – 28<sup>th</sup> March 2019 Karachi.

The morning of 27<sup>th</sup> March 2019 marked the successful completion of the first day of 'The Training Program in Japan Consulate, Karachi. The Honorable Chief Guest H.E. Ashida Nori - Deputy Consul General Japan in Karachi acknowledged JKA Pakistan's contribution in promotion of JKA Karate in Pakistan and appreciated the enthusiastic participation of the karatekaz. He said that the reason for holding the training camps was to polish the capabilities and skills of the karatekas, to encourage them and to guide them to deliver their art in the most effective manner. He asserted that Japan and Pakistan share friendly terms and should unite together for the progress and betterment of various departments, to help each other and provide support when needed like currently Japan is assisting with training of Pakistani Karatekas.

Throughout the 2 Days of Camp Shihan Katsutoshi Shiina informed the Karatekaz of the rules of JKA Traditional Karate. He introduced Karatekas with latest the techniques and acquainted them with the tips and the tricks considered essential in JKA Karate.

Around 60 karatekas participated across the country amongst 15 were female students. It was wonderful to see that the participants reflected their great interest and responsiveness to what was being taught at the camp.

Later Shihan Katsutoshi Shiina spoke on the importance of Karate Martial Art as being a comprehensive sport. While, talking to the audience he said, the art of karate was not only a way for protecting oneself, but also encourages mental and physical enhancement of the learner. It builds confidence and teaches respect and moral responsibility. According to him Pakistani people are physically blessed and should triumph with proper and diligent training.

Mr. Zulfiqar Ali, The President JKA Pakistan also said a few words on this occasion that thanks to all supporters and JKA HQ and Tariq Ali, General Secretary JKA Pakistan appreciated and thanked H.E Tosikazo Isomura Consul General in Japan Consulate-Karachi & Japanese for their great cooperation for bringing and facilitating former world champion in Pakistan and electronic and press media team showed great enthusiasm.

The ceremony concluded with the handing out of memento to Shihan Katsutoshi Shiina, H.E Tosikazo Isomura and course certificates to the participants.

Media coverage 10 TV Channel and 21 Newspapers telecast and published Shihan Katsutoshi Shiina visit in Pakistan. Very good promotion of JKA Karate.

# Photo Gallery

# During Seminar























### **RECEPTION**





#### Media Coverage

#### National & International Print and Electronic (10 TV Channels and 21 Newspaper)

# THE NEWS

#### JKA Karate National Camp concludes

By eur correspondent KARACHI Former world champion and 7th Dan Shitim Katastoshi of Japan supervised the 5th JKA Karate National Camp which concluded here at the premises of the Consultate-General of Japan on Thursky. As many as 60 fighters took

part in the shotokan karate drills and learnt skills from one f of the best experts of the game. Most of the fighters, male

There were two fighters fro Punjab and a few fro Balochistan in the two-d camp.

tended a reception at the residence of Japar Consul General Toshikaan Isonnura on Wednesday, tried his best to rectify the techniques of the young fight-

At the end of the event, the participants were given certificates. The camp was organised by Japan Karate Association (JKA) Pakistan with the support of the Consulate-General of Leaven in Exarchi.

This is the fifth time that so ina visited Pakistan. Speaking at the closing cer mony. Consul General Isoma iddhet the process would co

said that the process in the set of the set

o hosts the Games in 2020. outpit it would be difficult mee fighters to be part of 200 (Dyneps to bit in future sitely someone will repre-Pakistam in karate in mand again we will come in such programmes," Isoa sail. hima said he hoped that the new would have seawated all way during training. Besides using both hands less, the fighters also need usep their heart strong. I delike to advise the fighters usep ingroving the sistik. I also trying to improve my k whenever I get chance to so," Shima said.

 been cancelled because or me prevailing tension between Pake istan and India.
Also present at the cered mony were Deputy Consul Genneral Katsunnori Ashida and et Siadh Judo Association's Moch benerrad Ali.

> Japan Karate Association (JKA) Pakistan president Zulfiqar Ali was handed over diploma of 5th Dan, while secretary Tariq Ali got 3rd Dan

piona. Zuffspar told 'The News' that uring the last couple of years cound 18 fighters got black belts our Japan headparters. 'Shiina i behind this. He comes to Paktan, trains fighters and their cashillities increase and so they get evarys, 'Zuffspar said.





KARACHI: Consul-General of Japan in Kandu Avanate Arabitation reception for Katsutoshi Shina, a former karate champion, at his residence in Karachi. The members of Sindh Olympie Association and Pakistan Japan Cultural Association and others distinguished guests were also present at the reception. Speaking on the occasion, Tosikazu Isonura, Consul-General of Japan in Karachi, stated that Shina's guidance will help young Pakistani karate players enhance their skills and promote karate in Pakistan. Shiina, 7th Dan "Kyu" and "Dan" and the levels stat from Kyu (10 to 1) to Dan (1 to 10) stated that he is "Dan" and the levels start from Kyu (10 to 1) to Dan (1 to 10) stated that he sis "Dan" and delevels full carate and understand the rich Japanese culture their work and dedication to karate and understand the rich Japanese culture through sports. Meanwhile, Zulliqar Ali, President, Japan Karate Association, through sports. Meanwhile, Sulliqar Ali, President, Japan Karate Association, through sports. Meanwhile, Sulliqar Ali, President, Japan Karate Association, through sports. Meanwhile, Sulliqar Ali, President, Japan Karate Association, through sports. Meanwhile, Sulliqar Ali, President, Japan Karate Association, the ties between the two countries.















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