

GASSHUKU BOULOGNE/MER

● **OPENING COURSES** ●

JKA AUTUMN TRAINING CAMP **2017** (France)

Organisation : JKA Côte d'Opale

Date : 25 -29 Octobre 2017

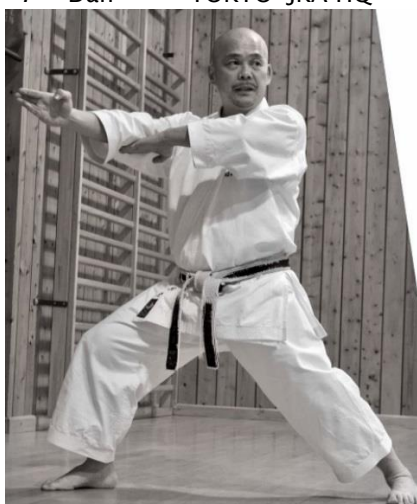
Location : (France)

WWW.JKA-CO.EU

INSTRUCTORS :

IZUMIYA Seizo

7^{ème} Dan TOKYO JKA HQ



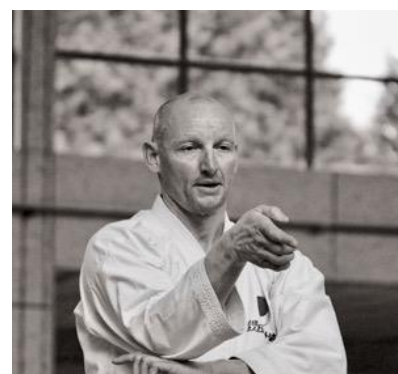
OHTA Yoshinobu

7^{ème} Dan JKA ENGLAND



MAQUAIRE Philippe

6^{ème} Dan JKA JKA FRANCE



All members of JKA World Federation were welcome
!



25TH -26TH OCTOBER

**OPENING
COURSES**

with
**IZUMIYA
A
sensei**

it is in the traditional dojo of Boulogne / mer (France) that the classes have started. some forty pre-written karateka had the privilege of being placed under the educational gaze of IZUMIYA Sensei. 1997-2017: Twenty years after his first fight with Philippe Maquaire, the chief instructor of the dojo, the enthusiasm to practice together is still perishing. The physical preparation version of the MAQUAIRE Sensei warm-ups is to be discovered. In the aftermath IZUMIYA taught KIHON -KATA- KUMITE.

The contents were focused on the work placed on the hip - specifically in combinations of attack or blockages. The KATA HEAINS were studied as well as Bassai dai and Tekki Shodan.



27TH -29TH OCTOBER

GASSHUKU

On Friday, OHTA Sensei chief instructor ENGLAND and came to flesh out the staff of instructors. 110 participants were present from the first evening. Karatekas from the regions of France, but also luxembourg, belgium, germany, italy, algeria, england, turkey had answered present for three days of intense and friendly courses. Level groups were offered. The instructors went out of their way. At the study of kata, GANKAKU, HANGETSU, MEIKYO. For kumite, an essential approach from KIHON IPPON KUMITE to JYU KUMITE.



Dan test and Instructor and Judge examination take place with success.

A fun evening of closing punctuated Saturday night, but the most motivated had made the choice to be present in large numbers on Sunday morning. All satisfied with this week of karate placed under the sign of international friendship.

